APS Promotes Health, Wellness and College Readiness

It’s never too early to start educating children on how to be healthy, and students at Laredo Child Development Center are getting off on the right foot.

Healthy Way to Grow, a program of the American Heart Association, launched the initiative last fall and recently honored Laredo as a Bronze Center. As one of only six CDCs in the nation to earn this honor, Laredo has demonstrated best practices in nutrition, physical activity, screen time and infant feeding.

Congratulations Laredo!

Families Experience College Life Thanks to RISE Colorado

Dozens of Aurora Public Schools families recently spent a day experiencing college life at the University of Denver thanks to RISE Colorado. RISE is a nonprofit organization that helps educate, engage and empower low-income families and families of color.

Students ranging from toddlers to teenagers — representing Laredo Child Development Center, Jamaica Child Development Center, APS Early Beginnings, Aurora Central and Hinkley high schools and Aurora West College Preparatory Academy — attended the “DU Something Now” event with their parents and guardians.

RISE co-founders Veronica Palmer and Milagros Barsallo presented families with a wealth of information about applying for scholarships and how to support students through various stages of their education.

The field trip also included a tour of the DU campus, a panel discussion with current students, dinner and free admission to a DU Pioneers soccer game.

More APS Happenings

As part of the Saluting America program, APS students are joining others from several Colorado school districts to honor our nation’s veterans and active duty military. Activities include participating in a tribute contest, sending special tribute cards and hosting various school activities. To learn more about Saluting America, visit salutingamerica.org.